

Bangle size by hand width

Hand width (in)	Inner circumference (in)	Inner diameter (mm)
2.8	5.6	45
3	6	49
3.2	6.4	52
3.4	6.8	55
3.6	7.2	58
3.8	7.6	61
4	8	65

Measure across the knuckles with the thumb tucked in.